



MAY/JUNE 2026

MOTHERHOOD

Those few who really know me well, appreciate that I hold a deep reverence for motherhood. I cannot trace its origin to a single memory or moment in my childhood. It feels older than recollection - something formed in the background of my early years, impressed upon me before I had the language to describe it or the emotional maturity to understand it.

When my wife and I became parents years ago, this reverence for motherhood only deepened. Watching her step into motherhood was like witnessing someone discover a calling they had always been meant to answer. That she is devoted is unquestioned. Her approach to parenting and mothering is focused, engaged, diligent, patient, supportive and loving. Family and friends often remark on it, but to me it feels less like something she performs and more like who she is. We were fortunate - blessed, really - that she was able to spend those early years as a stay-at-home mother.

As a father, I was present, involved, and deeply committed. Yet I could never quite witness the sacredness of the one-on-one exchanges between mother and child. It's not that I was blind to it; just that it's nearly impossible to be a "fly on the wall" in your own home. Whenever I entered the room, the dynamic shifted. It became my moments with our child, or our shared moments as three. I clearly saw the results - the impact on the growth and development for both child *and* mother, but didn't really see *how* it was done and *what* it took to really do it well.

Now, as a grandparent, time has offered me perspective. I can see my wife in this role with the love, tireless devotion and level of caring that



seems to just swallow time. I observe the skillful balance of allowing life to be experienced and explored while guarding safety; the patient engagement in all things that interest a young child, transforming ordinary moments into opportunities for learning and delight. She never misses an opportunity to be at a child's level, fully entering their world without hesitation. Having this insight at this stage gives me a glimpse of what it must have been like 30 some years ago in the raising of our own child.

And then, as thoughts tend to do when given time and space, mine wandered further back. My mother passed at way too early an age. I'm sad that I never got the chance to see her as a grandmother - denied that window to see the kind of mother she must have been to me; to witness in her loving a grandchild something more tangible than just the scattered memories I accumulated as a child all those years

ago. And so, the questions are still there. What is it that she did that forged in me this reverence for motherhood? What was so special? What made it so impressionable?

Our child missed out, too, of course. But no one missed out more than my mother. If it were possible to warp time, allowing generations to mingle a bit more than they actually did, I can only imagine the incredible joy our grandchild would give to my mother today, and that makes me smile with tears sensing that joy.

Happy Mothers' Day.

Vendor Highlights



Miracle II is a gentle, environmentally friendly, biodegradable soap with remarkable cleaning, degreasing, neutralizing and detoxifying attributes.

It contains no animal fats, harmful chemicals or preservatives. The effectiveness of these products is in the unique blending of natural minerals - calcium, potassium and magnesium.

Thousands of users have replaced chemical cleaners in their homes. It's been reported that a single 22 oz. bottle of Miracle II Soap will yield any of the following:

- 384 gallons of glass cleaner
- 2 gallons of dish soap
- 50 gallons of car wash
- 22-35 loads of laundry soap
- 50 pet shampoos
- 50 quarts of spot cleaner

Following is a brief list of suggested uses as recommended by enthusiastic users with favorable testimonials:

Miracle II Soap

Light Cleaning – Mix 1/8 oz. of soap with 32 oz. of water in a spray bottle.

Medium Cleaning – Mix 2 oz. of soap with 32 oz. of water in a spray bottle to wash dishes, floors, tile, cabinets, automobiles, and as a spot remover.

Heavy Cleaning – Mix 4 oz. of soap with 32 oz. of water for cleaning pots, pans, ovens, carpet stains and even holding tanks on campers or boats.

Miracle II Neutralizer Liquid

Put undiluted Neutralizer in a spray bottle and use for neutralizing strong odors such as shoes, seafood, onions, pets, litter boxes, refrigerators, bathrooms, holding tanks on boats and campers and odors in carpets. Just spray the affected area and leave it on. The Neutralizer has no cover up odor of its own.

Miracle II Neutralizer Gel

The Gel is mostly used as a skin salve*. Clean the desired area, then rub Neutralizer Gel on the affected area and let dry. Repeat twice daily until desired results are achieved.

Suggestions for Specific Uses:

Oven Cleaning – Warm the oven and then turn off. Spray the oven walls with Heavy Cleaning Spray and let set for 2-3 hours, or even overnight. Spray clean water to rinse, then wipe with a disposable towel or sponge.

Laundry – Use ¾ to 1 oz. undiluted soap directly in the washing machine.

Fruit and Vegetable Wash – Add 1 oz. of Neutralizer to 32 oz. of water and spray your fruits and vegetables. Feel free to add a splash of citrus juice if you'd like.

Spot Carpet Cleaning – Spray spots with Medium Cleaning Spray, brush and lay a clean damp cloth over the spot overnight. Repeat in the morning and dab with a clean towel.

Spots on Clothes – Spray spots with Medium Cleaning Spray and let soak in for 2 hours before putting clothes in washing machine.

Insects – Add 1 oz. of soap to a 32 oz. bottle, fill with water and spray insects.

Pet Shampoo – Shampoo pets with soap and rinse thoroughly. Then spray Neutralizer liquid and let dry. You'll be amazed at the results!

Cars and Trucks – Use 1 oz. of soap in a 5-gallon bucket filled with water. Wash normally and rinse clean.

After Shave Lotion – To soothe your skin, rub Neutralizer Gel directly on your skin after shaving*.

Deodorant – Use Neutralizer Liquid to moisten arm pits and then gently rub with Miracle II deodorant stone.

Commercial Applications – Use 1 to 10 oz. of Miracle II Soap per gallon of water depending on your application. Use with mops, steam foam machine, parts baths or sprayer.

Sunburn – Don't. But if you do, apply Neutralizer Liquid or Gel on the sunburned skin as often as needed*. The Gel can be put in the refrigerator first for a soothing application.

Notes to Users – These recommendations have been submitted by users and are shared here for your benefit. Use with caution and discretion and please test first before using.

Miracle II Products

You can see all the Miracle II products on our website at www.southernherb.com/product-category/all-categories/soaps-and-skin-care/miracle-ii/

* This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

New Products

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NATURAL VITALITY CALM

RASPBERRY / LEMON MAXCALM

Magnesium Glycinate has been added to Magnesium Citrate in this popular drink formula to calm the nervous system and muscle tension for maximum added relaxation benefits*.

3206	8 oz.	15.75	27.55
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RASPBERRY / LEMON CALM GUMMIES

The most popular drink mix CALM flavor is now in a convenient gummy for those on the go to replenish magnesium when needed*.

3205	60 gummies	11.50	19.45
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RAINBOW LIGHT



LUGOL'S IODINE

An extremely popular trace elements formulation with a premium 2% solution of elemental iodine and potassium iodide in distilled water. Known for its deep amber hue and longstanding heritage of quality, this carefully crafted formula reflects precision and care in every drop.

189	2 oz. liquid	11.75	20.45
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XTRAX

As we reported last newsletter, quite a few of our suppliers continue to struggle with production delays for a variety of reasons and many are not able to provide reliable estimates for when certain products will again become available. We know that these products are important to you and we apologize for any inconvenience. Please be assured, we are regularly monitoring the situation with each affected vendor and eager to get these products back in stock.

KROEGER HERB PRODUCTS – The two Aloe Vera products (125 and 126) have had a substantial price increase (over 20%) effective May 1st as a result of substantial cost increases in securing the product.

NATURAL VITALITY – We are introducing two new products – a MAXCalm formulation with Magnesium Glycinate (#3206) and the popular Raspberry Lemon Calm as a chewable gummy (#3205).

RAINBOW LIGHT – After a considerable delay, the Lugol's Iodine is now back in stock (#189).

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New Products

NATURAL VITALITY CALM
RASPBERRY / LEMON MAXCALM
RASPBERRY / LEMON CALM GUMMIES

RAINBOW LIGHT
LUGOL's IODINE



Southern Herb Co., LLC

211 Talley Street

Troutman, NC 28166

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May Specials

Kroeger Herb Products'

Adrenal Support Formulas (15% Off)

- 201 Anti-Fatigue
- 090 Ashwagandha
- 177 Schizandra
- 3001 American Ginseng Tincture
- 318 H-12 Tincture

Flower Essence Services (FES)

Flora Fusion Oils (15% Off)

- 1200 FloraFusion Set
- 1201 Arnica Allay
- 1202 Calendula Caress
- 1207 Chamo-Mild
- 1203 Dandelion Dynamo
- 1204 Mugwort Moon Magic
- 1205 St. John's Shield
- 1206 Benediction Oil

Quantum Health (15% Off)

- 1047 Digital Blue
- 1048 Macula 30+
- 1042 Buzz Away Extreme 4 oz.
- 1018 Buzz Away Extreme 8 oz.

Celtic Sea Salt

Flower of the Ocean Salt (15% Off)

- 612 1 lb.

Celtic Sea Salt

Light Grey (15% Off)

- 606 ½ lb.
- 607 1 lb.
- 6061 8 oz. shaker

Eco-Dent Floss and Rinse (15% Off)

- 7418 Premium Dental Floss
- 7419 Clean Mint Daily Rinse

June Specials

NeemAura Naturals Line Drive (15% Off)

Kroeger Herb Products'

Kidney and Bladder Products (15% Off)

- 007 Chem-X
- 176 Cranberry
- 026 Kidney Care
- 023 Metal-X
- 056 KST Tea
- 057 KDY Tea
- 097 Kidney Cleanse Tea

Flower Essence Services (FES)

Flourish Formulas (15% Off)

- 1188 Flourish Formulas Kit
- 1190 Active-8
- 1191 Fear-Less
- 1186 Flora Sleep
- 1199 Grace
- 1193 Grief Relief
- 1192 Grounding Green
- 1400 Illumine
- 1194 Kinder Garden
- 1195 Magenta Self-Healer
- 1196 Mind-Full
- 1197 Post Trauma Stabilizer
- 1198 Sacred Heart
- 1408 Compassionate Care Giver
- 1480 Hope

Celtic Sea Salt

Fine Ground (15% Off)

- 609 ½ lb.
- 610 1 lb.
- 6062 8 oz. shaker

Quantum Health (15% Off)

- 1047 Digital Blue
- 1048 Macula 30+
- 1042 Buzz Away Extreme 4 oz.
- 1018 Buzz Away Extreme 8 oz.

Eco-Dent Rinse (15% Off)

- 7419 Clean Mint Daily Rinse